

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Elizabeth Bartlett
Organisation	The Laverstock Memory Support Group
Address	2 Riverside Close, Laverstock, Salisbury SP1 1QW
Phone number	0781 238 1463
Email address	elizabethbartlett@ntlworld.com

2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	£4000
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	X

4. If yes, please state why this project cannot be funded from the Parish Precept?

5. Project title?

The Laverstock Memory Support Group

6. Project summary: (100 words maximum)

The Group provides on-going support for people with dementia with a leader who has over thirty years experience in this field.

Members meet in the leader's home in Laverstock on a weekly basis. They discuss ways of coping with the challenges of living with dementia. They realise they are not alone and encourage and learn from each other.

At the same time, family carers meet in another room to share their experience and practical advice, as well as emotionally supporting each other.

Both groups work to help create dementia friendly communities in our area.

7. Which Area Board are you applying to?

Southern Wiltshire

8. What is the Post Code of the place where your project is taking place?

SP1 1QW

9. Please tell us which themes best describe your project:

<input type="checkbox"/> Intergenerational projects <input checked="" type="checkbox"/> Older People Support/Activities <input checked="" type="checkbox"/> Carers Support/Activities <input checked="" type="checkbox"/> Promoting physical and mental wellbeing <input checked="" type="checkbox"/> Combating social isolation <i>- esp. for people with dementia living alone</i> <input type="checkbox"/> Promoting cohesive/resilient communities <input type="checkbox"/> Arts, crafts and culture <input type="checkbox"/> Safer communities	<input type="checkbox"/> Heritage, history and architecture <input checked="" type="checkbox"/> Inclusion, diversity and community spirit <input type="checkbox"/> Environment, recycling and green initiatives <input type="checkbox"/> Sport, play and recreation <input type="checkbox"/> Transport <input type="checkbox"/> Technology & Digital literacy <input checked="" type="checkbox"/> Other
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If Other (please specify)

Dementia care

10. About your project

Please tell us about your project (a strong application will address all of the following):

How does your project support local needs and priorities?

1. By supporting local people with dementia and their carers.
2. By promoting an understanding of dementia in our community
 - leading to the development of a more dementia friendly environment

Note: Approx. 1 in 50 people between 65 and 70 have dementia
 Rising to 1 in 5 over 80

How many older people/carers to do you expect to benefit from your project?

Our members with dementia and their carers are generally 60 – 90 years of age,
We expect to have 12 -15 members each week, plus 10 -12 family carers.
We will meet as a group 30 times a year, plus participating in 4-5 additional activities for
at least some of the members and their carers.

Whenever a vacancy occurs, (e.g. because a member has had to go into full-time care), we
expect it to be filled very quickly because of the high level of demand for this type of
support.

How will you encourage volunteering and community involvement?

- a. The Co-leader who looks after the carers' group and helps with the administration does so on a voluntary basis.
- b. Members of both groups assist
 - with development of dementia friendly GP practices,
 - a University of Southampton Safer Walking Project,
 - consultations on dementia services with HealthWatch Wiltshire,
 - support the Wiltshire Safe Places scheme.
- c. Individual members will talk to other groups about what it means to have dementia.
- d. The Group is affiliated to DEEP – a UK Network of Dementia Voices

How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

- a. There will be no charges for membership of The Laverstock Memory Support Group
- b. Access is organised for people with mobility difficulties.
- c. Members with dementia who live alone are often given additional support, or put in touch with other services, by the group Leader

How will you work with other community partners?

The Laverstock Memory Support Group has an Agreement with Alzheimer's Support for the next year and they will monitor the work. Alzheimer's Support will also be the principal financial sponsor. However they are unable to fully cover the cost of running the Group.

The Group will also work with the following providers of services and activities for people with dementia:

- SWAN Advocacy
- Olivia McClennan – circle dancing
- Rebecca Seymour – musical activities
- The Health and Wellbeing Board

11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

The Group Leader, Elizabeth Bartlett, is ultimately responsible for Safeguarding. She has extensive experience in this field, having attended safeguarding courses and trained staff in care homes on their responsibility to adhere to safeguarding policies.

Elizabeth also ensures that others assisting her with the group are aware of the relevant policies.

12. Monitoring your project.

How will you know if your project has been successful? *required field

It has been agreed that the Laverstock Memory Support Group will submit a service report to Alzheimer's Support annually.

Key indicators of success in this report will include

- a. Comments about the Group made by members and their family carers,
- b. Comments from carers on the value of the Carers' Group,
- c. Levels of attendance – taking into account valid reasons for absence, e.g. illness, or medical appointments.
- d. Records of involvement with relevant activities in the community.

13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

Alzheimer's Support has given funding for one fiscal year and is not able to make undertakings for future years. However if the project is deemed to be successful and they have sufficient funds, they would be sympathetic to continuing to support the project.

As in the current year, additional funds will need to be sought from other sources.

If sufficient funds cannot be found, the work undertaken by the Group will have to be reduced, or *in extremis*, the Group will have to be discontinued.

14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost

Not applicable

15. Finance:

15a. Your Organisation's Finance:

Your latest accounts:

Month Year

Total Income:

£

Total Expenditure:

£

Surplus/Deficit for the year:

£

Free reserves currently held:

(money not committed to other projects/operating costs)

£

As explained in the covering letter to this application, this is the first year of a new group, even though it draws on the experience gained from a group previously supported by Wiltshire Council.

Therefore there are no previous relevant accounts.

18. DECLARATION

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

Quotes:

N/A I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

Project/Business Plan:

N/A For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

Accounts:

I will make available on request the organisation's **latest accounts**

Constitution:

N/A I will make available on request the organisation's Constitution/Terms of Reference etc.

Policies and procedures:

I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

Other supporting information (Tick where appropriate, for some project these will not be applicable):

N/A I will make available on request evidence of ownership of buildings/land

N/A I will make available on request the relevant planning permission for the project.

N/A I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

And finally...

I confirm that the information on this form is correct, any award received will be spent on the activities specified.